



FIRST TIME HENNA SESSION TIPS

WE ARE SO EXCITED FOR YOUR FIRST SESSION!
PLEASE READ THE GUIDELINES AND LET US KNOW
IF YOU HAVE ANY QUESTIONS.

1. BEFORE YOUR APPOINTMENT, PLEASE WASH THE SKIN AREA THAT WILL HAVE A HENNA DESIGN, AND KEEP THAT AREA CLEAN FROM ANY LOTIONS OR SUNSCREEN.
2. PLEASE WEAR CLOTHING THAT WILL NOT INTERFERE WITH WET HENNA PASTE (SUCH AS SHORT SLEEVES, REMOVE ALL RINGS, BRACELETS AND WATCHES)
3. HENNA WILL TAKE APPROXIMATELY 30 MINUTES TO DRY ONCE DESIGN(S) IS COMPLETED.
4. WEAR HENNA FOR AT LEAST 8 HOURS OR OVERNIGHT.
5. DO NOT WRAP DESIGN IN PLASTIC WRAP OR OTHER COVERINGS IF YOU CHOOSE TO SLEEP WITH HENNA OVERNIGHT.
6. DRY HENNA PASTE WILL BE SCRAPED OFF AND THE DESIGN WILL GRADUALLY DARKEN OVER THE NEXT 24-72 HOURS.

MINDBODYHENNA
512-809-8678